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Oakland University to host author, motivational speaker

Author Sandra Agazzi Chimenti, M.Ed., will speak about her new book, "The Real Me: Awakening Your True Self — Positive Affirmations for Empowering Your Life," at Oakland University Nov. 12 from noon to 1 p.m. with a book signing from 1-1:30 p.m. in the Fireside Lounge of the Oakland Center at the university.

A talented speaker and teacher, Chimenti's presentations inspire people through her empowerment approach.

"Our thoughts influence our level of success and happiness," explained Chimenti. "Yet, instead of just repeating an affirmation to feel better, I teach people how to meet any current negative feelings and release the story through the 'Awakening Process'."

She will share the "Seven Aspects of Spiritual Awakening" from her book that form the main sections of the positive affirmations. Her book and presentation guide people to discover their life purpose to achieve their dreams.

"I have a passion for writing, speaking, and sharing this empowering process with others," said Chimenti who spent nine years creating this spiritually welcoming book. For the past four years, she has offered class-



Sandra Agazzi Chimenti

es through local enrichment programs. She has helped hundreds of people through her book, presentations, and peer consulting.

Chimenti is the owner of Creative Books and Music, L.L.C. and Growing Parents. "I wanted to maintain a creative influence over my projects while learning about the world of publishing," said Chimenti of her company that publishes her creations. She has written many books, but this is the first one to be published.

A 1998 graduate of Oakland University, Chimenti has a master's degree in Early Childhood Education and a Bachelor of Science degree in

Elementary Education. She has taught in public and private schools for over ten years. She was also the "Growing Parents" columnist for the Suburban Lifestyles newspaper for six years. Now, Chimenti is on her book tour, teaching these successful techniques from her inspirational book. Chimenti has appeared on local cable programs such as Bloomfield Community Television's show, "Bottom Line", sharing the concepts from her book and presentations. She offers her empowerment classes through programs like Rochester Community Schools Enrichment, Troy Continuing Education, and Lake Orion Community Education.

"Life doesn't have to be a struggle," explained Chimenti. "We can learn to move past our challenges, return to our inner peace, and create our own happiness. When we share the gift of who we are with others, we discover our purpose and become successful in all areas of our life."

Visit either web site at www.CreativeBooksAndMusic.com or www.TheRealMeBook.com, or call (866) 58-CREATE. For more information, call Oakland University at (248) 370-2400 or visit www.oakland.edu.

Young Professionals to hold first meeting

The Rochester Regional Chamber of Commerce and the Oakland University Alumni Association announced today the first meeting of the new Young Professionals of Rochester group would be held Wednesday, Nov. 7 from 5:30-6:30 p.m. in the chamber office at 71 Walnut, suite 110 in downtown Rochester at the corner of First and Walnut Streets. The meeting will be an informal open house.

The Young Professionals of Rochester will consist of chamber members who are under 40 years of age or businesses that have been operating for less than five years. There will be five divisions of YPR including -

- Professional Development
- Social Networking
- Mentoring Programs
- Special Events

• Civic/Philanthropy

Anyone in the greater Rochester area is welcome to join. Participants must be a chamber member in good standing. Business membership rates vary and student membership in the chamber is available for \$50 annually and not only includes access to YPR but also the many benefits membership in the Rochester Regional Chamber of Commerce has to provide.

The YPR chairman, Leonard Magro said, "YPR is a great opportunity for 'young' businesses and professionals alike.

Our aim is to provide young talent in our region the support-network to grow in what they have started by developing synergies amongst lively, gifted, like-minded people; and the support of successful, established local leaders who have been there and done that."